

August 2021

| sun | mon | tue | wed | thu | fri | sat |
|-----|--------------------------------|----------------------------------------------------------------------|--------------------------------|---------------------------------------------------------------------------------|--------------------------------|---------------------------------------------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | m HS Cross Country Practice 9 | m HS Cross Country Practice 10 | m HS Cross Country Practice 11 | m HS Cross Country Practice 12 | m HS Cross Country Practice 13 | 14 |
| 15 | m HS Cross Country Practice 16 | m HS Cross Country Practice 17 | m HS Cross Country Practice 18 | m HS Cross Country Practice 19 m HS & MS Fall Sports Coach & Parent Meeting | m HS Cross Country Practice 20 | 21 |
| 22 | 23 | m HS Cross Country Weight Training m HS Cross Country Practice 24 | m HS Cross Country Practice 25 | m HS Cross Country Weight Training m HS Cross Country Practice 26 | 27 | m HS Cross Country @ Ft. Zumwalt North Twilight Meet 28 |
| 29 | m HS Cross Country Practice 30 | m HS Cross Country Weight Training m HS Cross Country Practice 31 | | | | |

September 2021

| sun | mon | tue | wed | thu | fri | sat |
|-----|--------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------|---------------------------------------------------------------|
| | | | m HS Cross Country Practice m HS FALL SPORTS TEAM PHOTOS 1 | m HS Cross Country Weight Training m HS Cross Country Practice 2 | m HS Cross Country Practice 3 | m HS/MS Cross Country @ New Haven Short Course Invitational 4 |
| 5 | 6 | 7 | m HS Cross Country Practice 8 | m HS Cross Country Weight Training m HS Cross Country Practice 9 | m HS Cross Country Practice 10 | m HS/MS Cross Country @ Palmyra Invitational 11 |
| 12 | m HS Cross Country Practice 13 | m HS Cross Country Weight Training m HS Cross Country Practice 14 | m HS Cross Country Practice 15 | m HS Cross Country Weight Training m HS Cross Country Practice 16 | m HS Cross Country Practice 17 | m HS Cross Country @ Paul Enke Invitational 18 |
| 19 | m HS Cross Country Practice 20 | m HS Cross Country Weight Training m HS Cross Country Practice 21 | m HS Cross Country Practice 22 | m HS Cross Country Weight Training m HS Cross Country Practice 23 | m HS Cross Country Practice 24 | 25 |
| 26 | m HS/MS Cross Country @ Elsberry Invitational 27 | m HS Cross Country Weight Training m HS Cross Country Practice 28 | m HS Cross Country Practice 29 | m HS Cross Country Weight Training m HS Cross Country Practice 30 | | |

October 2021

| sun | mon | tue | wed | thu | fri | sat |
|-----|-----------------------------------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| | | | | | 1 m HS Cross Country @ Warrenton Invitational | 2 |
| 3 | 4 | 5 m HS Cross Country Weight Training m HS Cross Country Practice | 6 m HS Cross Country Practice | 7 m HS/MS Cross Country @ Orchard Farm Invitational | 8 m HS Cross Country Practice | 9 |
| 10 | 11 m HS/MS Cross Country @ Clopton Invitational | 12 m HS Cross Country Weight Training m HS Cross Country Practice | 13 m HS Cross Country Practice | 14 m HS Cross Country @ GAC Conference Meet | 15 | 16 |
| 17 | 18 m HS Cross Country Practice | 19 m HS Cross Country Weight Training m HS Cross Country Practice | 20 m HS Cross Country Practice | 21 m HS Cross Country Weight Training m HS Cross Country Practice | 22 m HS Cross Country @ Bowling Green Invitational m HS Cross Country @ Clayton Invitational | 23 |
| 24 | 25 m HS Cross Country Practice | 26 m HS Cross Country Weight Training m HS Cross Country Practice | 27 m HS Cross Country Practice | 28 m HS Cross Country Practice | 29 m HS Cross Country Practice | 30 m HS Cross Country @ Class 3 District 3 Meet |
| 31 | | | | | | |

November 2021

| sun | mon | tue | wed | thu | fri | sat |
|-----|-----|-----|-----|-------------------------------------|-----|-----------------------------------------|
| | 1 | 2 | 3 | 4 | 5 | 6 m HS Cross Country @ State Meet |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 m HS Cross Country Banquet | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |