

St. Dominic Crusader Invitational

April 8, 2022

Schedule

Coaches Meeting 3:00pm

Field Events: 3:30 pm

Boys Pole vault---Girls will follow

Girls High Jump--- Boys will follow

Boys Shot put---Girls will follow

Girls Discus---Boys will follow

Girls and Boys Long Jump*--- Girls and Boys Triple Jump *

Boys Javelin*---- Girls will follow*

* Cafeteria Style, 90 minute time limit

Running Events:4 pm (Rolling Schedule)

4 x 800 relay

100/110 hurdles

100 dash

4 x 200 relay

1600 run

4 x 100 relay

400 dash

300 Int. hurdles

800 dash

200 dash

3200 run

4 x 400 relay

We're looking forward to having you here for the St. Dominic Invitational!



