

3rd Annual XC Tritan Hot Dog Relays

Who: Troy Middle School Trojans and Troy South Middle School Titans cross country teams are uniting as the **Tritans!** Participants include TMS, TSMS, Washington, Winfield, Black Hawk, and Orchard Farm.

What: Tritan Hot Dog Relays

- Schools will enter their runners in groups of 4. There will be 3 different groups to select from boys, girls, and co-ed. Each member of the group will run one mile, they will pass a baton (provided) similar to a track relay. Runners 2-4 will wait in a holding zone at the starting line and step out when their teammate is near. **There will not be an exchange zone or penalties for dropped batons.**
- Schools with an odd number of participants will have 2 options:
 - Have a group of 3 and one runner will run a second lap (not back to back)
 - Join with extras from another school to create a team
- Start times:
 - We will use a rolling start.
 - As soon as all runners from the prior race finishes, we will start the next race.
 - Tentative start times:
 - Boys: 4:00
 - Co-Ed: 4:40
 - Girls: 5:20
- Teams will be given a Hot Dog Box to take home in honor of our Hot Dog Relays (sorry no Hot Dog stand this year...COVID).
- Due to COVID-19 restrictions, teams are responsible for their own water.
- Each member of the top 3 teams, in each division will receive a medal.
- We will also have awards for the school with the most members, least members, and school spirit.

When: September 24, 2020, 4pm

Where: Troy Ninth Grade Center – 80 Elm Tree Rd., Moscow Mills, MO 63362

Why: For fun! We wanted to make the meet different from all the other meets to help promote the fun that running has to offer.