



WINFIELD ms Mini-Medal Meet
March 28th, 2019
4:00 pm START

Athletic Directors and Middle School Track Coaches:

The Winfield Warrior MS Meet is scheduled for March 28, 2019 at 4:00 pm. The meet will be timed by Big River Race Management. **Late Entries will not be accepted.**

ENTRY FEE: \$100 for Boys team / \$100 for Girls team

Teams Invited: Bowling Green, Elsberry, Louisiana, Montgomery, Van-Far, and Winfield.

General Meet information

1. Entries will be made on athletic.net Pay attention to deadlines.
2. Each school will be allowed 4 entries per event and 2 relay per team. Medals will be issued to the top 3 places in all events.
3. The event will take place at Winfield High School, 3920 East Hwy 47 Winfield, MO 63389. The facility is an 8-lane, all-weather track. Please have all athletes wear ¼" pyramid spikes or less.
4. Field events will have 3 attempts that will be supervised and measured.
5. High Jump starting heights will be determined based on entry heights. The bar will be successively elevated 2" at a time for high jump. (All warm-ups need to be taken prior to start of event.)
6. The long jump and triple jump will be run cafeteria style with a 90 minute cut time limit. Participants will have three jumps that can be taken any time during the 90 minutes hours. After the 90 minute time limit is up, no additional jumps will be given. Encourage your athletes to be at field events when not running.
7. Athletes must report to the bullpen prior to their race. No athlete will be added to a race at the starting line. Any athletes that are not at the bullpen after the third call will be scratched.
8. Please remind athletes to stay off the football playing surface.
9. Press box access - Off limits to athletes and parents.
10. Each School may have to work an event.

Field Events – Start 4:00

Boys Discus (Girls to follow)

Girls Shot Put (Boys to follow)

Boys High Jump (Girls to follow)

Girls Long Jump (Boys to follow) – Cafeteria style (2 hours) Pit Nearest the Football/Soccer Field

Boys Triple Jump (Girls to follow) – Cafeteria style (2 hours) Pit Farthest Football/Soccer Field

Order of Events – Start at 4:30

100m hurdles

100m dash

800m relay

1600m run

400m relay

400m dash

800m run

200m dash

1600m relay

Any Questions or Concerns contact:

Robert James

Winfield Activities Director

robertjames@winfield.k12.mo.us

(636) 668-8671