

New Haven Cross Country Invitational

- Date: Saturday, September 1, 2018 @ 8:30 a.m.
- Location: New Haven City Park adjacent to the High School
- Course: 3.1 mile loop over rolling terrain for High School and 1.5 mile loop for Middle School (note the enclosed course map).
- Bus Parking: At the high school (refer to map)
- Rest Rooms: Located on the park grounds and at the pool (refer to map)
- Coaches Meeting: 8:15 a.m. at the scoring pavilion located near the finish.
- Water: Will be provided near the finish line for your athletes.
- Athletic Trainer: A certified athletic trainer provided by Athletico will be available.
- Concessions: Gatorade, water, fruit, and muffins will be available for sale at the scoring pavilion.
- Open Race: This race is open to any coaches, fans, or community members who would like to run the course.

Schedule

<u>Division</u>	<u>Team Plaques</u>	<u>Medals</u>
Jr. High Girls	1	10
Jr. High Boys	1	10
Varsity Girls-Unlimited (Top 7 Score)	1	15
Junior Varsity Boys-Unlimited (Top 7 Score)	1	15
Varsity Boys-Limit of 7	1	15
Community Open Race	-	-

Awards: Immediately following community Race

Time Schedule: Middle School girls race begins at 8:30 am with all other races to begin 5 minutes after the conclusion of the prior race.

Entries: All entries will be made on **Athletic.net**. Deadline for entries is **Thursday, August 30 at 4:00 pm**. Entry instructions for Athletic.net are attached.

Entry Fee: \$25.00 per high school division and \$20.00 per middle school division (\$100.00 max.)
If entering less than 5 runners in a division, the fee would be \$5.00 per athlete.

Do not send payment prior to the event. All schools will be billed based upon the runners who participate on race day. Schools will receive an invoice via mail following the event.

Participating Teams:

New Haven	New Bloomfield
Belle	Owensville
Borgia	St. Dominic
Calvary Lutheran	Union
Chamois	Winfield
Hermann	Dickson County, TN
Linn	Lighthouse Prep Academy
Montgomery Co.	Providence Christian Academy

If you have any questions feel free to contact me at the high school
(573) 237-2629 or e-mail me at jtucker@newhavenschools.us

Sincerely
John Tucker
Head Cross Country Coach

New Haven High School Invitational Online Entry Instructions (#148203)

Date	9/1/2018	Host	New Haven
Location	New Haven City Park 100 Park Drive, New Haven 63068	Director	John Tucker
First Race		Email	jtucker@newhavenschools.us
		Phone	573-237-2629

This meet is using free online registration at Athletic.net!

Athletic.net is a resource for Track & Field and Cross Country coaches, offering free **statistic tracking**, easy **meet registrations**, free **meet managers**, and free tools to simplify common coaching tasks.

Follow the 4 steps below to get started:

1. Sign up for a free coach account (if you do not have one)

- Go to the website: www.athletic.net
- Click on 'Log In' in the upper right hand corner, and then click '**Sign Up**' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- **Log In** to Athletic.net
- Navigate to the Events page
- Start typing **New Haven High School Invitational** into the Search Box
- Expand the meet card, and find the button to add this meet to your teams calendar
- Repeat this process for the rest of your season calendar (*You can also find meets by date and location*)
- If a meet is not listed, you can add it to your calendar by clicking 'Add new Event' and following the wizard
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

3. Enter team roster

- Navigate to your team page by opening the side menu, then click on your team.
- Click on Manage Team
- Click on Edit Roster under Athletes
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option.

4. Register athletes for New Haven High School Invitational

- Locate **New Haven High School Invitational** on your team's main Cross Country page and click on it
- Click "**Register Athletes**"
- Follow instructions on the meet registration page to enter your athletes into the appropriate division(s).
- Use the "Add an athlete" buttons to add athletes to your roster if needed.

You can freely use this meet registration feature of Athletic.net for all your meets. The host team can download them from the website for free.

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New Haven Middle School Meet Online Entry Instructions (#148202)

Date	9/1/2018	Host	New Haven
Location	New Haven City Park 100 Park Drive, New Haven 63068	Director	John Tucker
		Email	jtucker@newhavenschools.us
		Phone	573-237-2629

This meet is using free online registration at Athletic.net!

Athletic.net is a resource for Track & Field and Cross Country coaches, offering free **statistic tracking**, easy **meet registrations**, free **meet managers**, and free tools to simplify common coaching tasks.

Follow the 4 steps below to get started:

1. Sign up for a free coach account (if you do not have one)

- Go to the website: www.athletic.net
- Click on 'Log In' in the upper right hand corner, and then click '**Sign Up**' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- **Log In** to Athletic.net
- Navigate to the Events page
- Start typing **New Haven Middle School Meet** into the Search Box
- Expand the meet card, and find the button to add this meet to your teams calendar
- Repeat this process for the rest of your season calendar (*You can also find meets by date and location*)
- If a meet is not listed, you can add it to your calendar by clicking 'Add new Event' and following the wizard
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

3. Enter team roster

- Navigate to your team page by opening the side menu, then click on your team.
- Click on Manage Team
- Click on Edit Roster under Athletes
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option.

4. Register athletes for New Haven Middle School Meet

- Locate **New Haven Middle School Meet** on your team's main Cross Country page and click on it
- Click "**Register Athletes**"
- Follow instructions on the meet registration page to enter your athletes into the appropriate

division(s).

- Use the "Add an athlete" buttons to add athletes to your roster if needed.

You can freely use this meet registration feature of Athletic.net for all your meets. The host team can download them from the website for free.

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