

New Haven “Short Course” Cross Country Invitational

<u>Date:</u>	Saturday, September 3, 2016 @ 8:30 a.m.
<u>Location:</u>	New Haven City Park adjacent to the High School
<u>Course:</u>	2.2 mile loop over rolling terrain for High School and 1.5 mile loop for Middle School (note the enclosed course map).
<u>Bus Parking:</u>	At the high school (refer to map)
<u>Rest Rooms:</u>	Located on the park grounds and at the pool (refer to map)
<u>Coaches Meeting:</u>	8:15 a.m. at the scoring pavilion located near the finish.
<u>Water:</u>	Will be provided near the finish line for your athletes.
<u>Athletic Trainer:</u>	A certified athletic trainer provided by Athletico will be available.
<u>Concessions:</u>	Gatorade, water, fruit, and muffins will be available for sale at the scoring pavilion.
<u>Open Race:</u>	This race is open to any coaches, fans, or community members who would like to run the course. Note that your cross country athletes (high school or middle school) are NOT allowed to participate in this race in any manner, per MSHSAA rules.

Schedule

<u>Division</u>	<u>Team Plaques</u>	<u>Medals</u>
Jr. High Girls	1	10
Jr. High Boys	1	10
Varsity Girls-Unlimited (Top 7 Score)	1	15
Junior Varsity Boys-Unlimited (Top 7 Score)	1	15
Varsity Boys-Limit of 7	1	15
Community Open Race	-	-

Awards: Immediately following community Race

Time Schedule: Middle School girls race begins at 8:30 am with all other races to begin 5 minutes after the conclusion of the prior race.

Entries: All entries will be made on **Athletic.net**. Deadline for entries is **Thursday, September 1 at 4:00 pm**. Entry instructions for Athletic.net are attached.

Participating Teams:

New Haven	Montgomery Co.
Belle	New Bloomfield
Blair Oaks	Owensville
Borgia	St. Dominic
Chamois	Tolton Catholic
Helias	Union
Hermann	Winfield
Linn	Lighthouse Prep Academy
	Providence Classical Christian