



Bowling Green Middle School  
Track Invitational  
April 25<sup>th</sup>, 2022  
3:15 pm – Field Events  
4:30 pm – Running Events

Coaches meeting at start line 3:00 pm

Field Events – Will start promptly at **3:15 pm**

Boys Discus (Girls to follow)-3Throws

Girls Shot Put (Boys to follow)-3 Throws

Girls High Jump (Boys to follow)

Girls and Boys Triple Jump– Cafeteria style-Three Jumps

Girls and Boys Long Jump (at conclusion of Triple Jump) – Cafeteria style-Three Jumps

Boys Pole Vault (Girls to follow)-

Order of Events – Start at **4:30**

4X800

100m hurdles

100m dash

4X200m relay

1600m run

4x100m relay

400m dash

800m run

200m dash

4x400m relay