

# WINFIELD MS INVITATIONAL APRIL 21<sup>ST</sup>, 2021 4:00 PM START

## **Athletic Directors and Middle School Track Coaches:**

The Winfield Warrior MS Meet is scheduled for April 21, 2021 at 4:00 pm. The meet will be timed by Big River Race Management. Late Entries will not be accepted.

Teams Invited: Elsberry, Silex, St Louis Blue Knights, Warrenton, Winfield, and Wright City.

## **General Meet information**

- 1. Entries will be made on MOMileSplit, and are due by 8:00 AM on Tuesday April 20<sup>th</sup>. Pay attention to deadlines.
- 2. Each school will be allowed 4 entries per event and 2 relay per team. Medals will be issued to the top 3 places in all events.
- 3. Field events will have 3 attempts that will be supervised and measured.
- 4. High Jump starting heights will be determined based on entry heights. The bar will be successively elevated 2" at a time for high jump. (All warm-ups need to be taken prior to start of event.)
- The long jump and triple jump will be run cafeteria style with a 90 minute cut time limit. Participants will have three jumps that can be taken any time during the 90 minutes hours. After the 90 minute time limit is up, no additional jumps will be given. Encourage your athletes to be at field events when not running.
- 6. Athletes must report to the bullpen prior to their race. No athlete will be added to a race at the starting line. Any athletes that are not at the bullpen after the third call will be scratched.
- 7. Please remind athletes to stay off the football playing surface.
- 8. Press box access Off limits to athletes and parents.

### Field Events - Start 4:00

Boys Discus (Girls to follow)

Girls Shot Put (Boys to follow)

Boys High Jump (Girls to follow)

Girls Long Jump (Boys to follow) – Cafeteria style (2 hours) Pit Nearest the Football/Soccer Field Boys Triple Jump (Girls to follow) – Cafeteria style (2 hours) Pit Farthest Football/Soccer Field

#### Order of Events - Start at 4:30

100m hurdles

100m dash

800m relay

1600m run

400m relay

400m dash

800m run

200m dash

1600m relay